A MESSAGE FROM ROBERT F. KENNEDY, JR.

FREE SUNDAY Defender

# Too Many Sick Children

More than 54% of American children are suffering from one or more chronic illnesses, with the late 1980s and early 1990s viewed as the gateway period that launched the decline. Autism, ADHD, asthma and allergies have doubled since that time, with autism now one in 34 children in some regions. Pediatric autoimmune conditions are also on the rise, and the proportion of public school children using special education services is estimated at 13% to 25% of school populations. Mounting evidence indicates environmental factors, including heavy metals, pesticides and herbicides as the principal culprits, while studies link vaccines and toxic vaccine ingredients to a wide range of adverse health outcomes, including seizures, neurodevelopmental disorders, and infant death. As the medical, public and mainstream media remain silent on issues like the social and economic fallout from these toxic exposures, American children have never been so sick.

Our comprehensive white paper, The Sickest Generation: The Facts Behind the Children's Health Crisis and Why It Needs to End covers these chronic illness and more, along with the causes and the steps you need to take to protect your children now.

## ADD/ADHD

We all know children who can't sit still, who struggle to pay attention, who have instructions no matter how clearly you present them, or who blurt out inappropriate comments at inappropriate times. Sometimes these children are labeled as troublemakers, or accused of being lazy or undisciplined. However, they may have attention deficit hyperactivity disorder [...]

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## Asthma

Asthma morbidity in the U.S. is at an all-time high, as suggested by a nationally representative study of kindergarten children born in 2001: nearly one in five (18%) had asthma by age 5 years, and 11% had been either hospitalized or taken to an emergency room for asthma-related reasons.

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## Autism

The first association between autism and exposure to mercury was the publication of the landmark article Autism: A Unique Type of Mercury Poisoning by Bernard, et. al in 2005. The research was followed by a similar study later in the journals Medical Hypothesis and Molecular Psychiatry in 2007. The authors conducted an extensive literature review of mercury and autism and showed that exposure to mercury was the cause of the rise in autism as commonly found in individuals with autism spectrum Disorders (ASD).

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## Autism and Obesity: Common Ground and Origins?

Almost two decades into the twenty-first century, the state of children's health in the U.S. could scarcely be more distressing. With many seemingly disparate health trends converging, over half of all children have at least one chronic developmental, mental health or other condition that threatens the well-being of the most dramatic increases.

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## Childhood Cancer Caused Largely by Environmental Factors, Report Finds

For children in the U.S., cancer is the leading cause of death from disease. Worldwide, cancer has become so prevalent and devastating that some may use the phrase "like curing cancer" when describing something extremely difficult or complicated. Yet in September, a team of more than 60 stakeholders and leaders in the health, science, business, policy and advocacy sectors collaborated to take a different, perhaps less difficult, approach to cancer, one specifically by ending the use of toxic chemicals.

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## Chronic Illness in Children—Who Is Sounding the Alarm?

Children in the United States are experiencing a wide range of chronic illnesses. Increasing rates of chronic illness, American children display consistently poorer health outcomes than children in other wealthy nations, notwithstanding substantially higher per capita health care spending in U.S. children.

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## Coke Plant Pollution Linked to "Asthma Epidemic" in Pittsburgh-Area Elementary School

Children at an elementary school 15 miles from Pittsburgh have high rates of asthma and asthma rates of Pennsylvania children and researchers say consistent toxic pollution from a nearby coke plant is mostly to blame. The school, Clairton Elementary School, is in Clairton, Pennsylvania, a town of 6,600 that's Clairton Coke Works, which is the biggest coke plant [...]

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## Dying Young—Failing Life Expectancy in the U.S.

Life expectancy in the U.S. has fallen for several years in a row, representing the "longest sustained decline in expected lifespan since the Spanish flu epidemic of 1915 to 1918." The U.S. ranks unfavorably to their counterparts in other high income nations. Americans lead lives that are both shorter and less healthy, with a health disadvantage that "begins at birth and extends across the life course."

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## Fully Vaccinated vs. Unvaccinated —Part 4

Fully Vaccinated Versus Unvaccinated—The Science is an on-going series summarizing the scientific literature comparing the overall health of fully vaccinated people versus unvaccinated people. Part four takes a look at Swine Flu, Tdap, Rotavirus, Measles and DPT vaccines and the higher rates/occurrences of Pertussis, Measles, Rotavirus, Hepatitis/Cirrhosis, Allergy and Asthma, plus Thimerosal exposure as a whole and its relationship to Motor Tics and Premature Puberty.

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## Incidence of Childhood Cancers Skyrockets: Is Modern Life Destroying the Health of Our Children?

No one really likes to talk about cancer, and childhood cancers are an especially unpalatable topic of conversation. Yet the fact is that cancers are among the top four causes of death in U.S. children ages 1 to 14. Although the cancer statistics for young people (under 20 years old), which cover the years 2001-2014, point to decidedly increasing rates of pediatric cancer over that time period.

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## Mental Health Problems—The Sad "New Normal" on College Campuses

College campuses are witnessing record levels of student mental health problems, ranging from depression and anxiety disorders to self-injurious behaviors and worse. A clinician writing a few years ago in Psychology Today proclaimed it neither "exaggeration" nor "alarmist" to acknowledge that young people's mental health is at "historic levels of stress and psychopathology than any time in the nation's history"—with ramifications that are "difficult to overstate."

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## One in Every 16 Irish Boys has Autism: Crisis Worse than COVID-19 and Nobody Cares

According to National Health data released last week, autism incidence among Irish children is now at 4.3%, an 82% rise in five years. One in 16 Irish boys has autism. Crisis levels dwarfs COVID-19 and nobody cares.

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## Other Childhood Chronic Conditions

Many other chronic conditions are beleaguering children. These include childhood cancers, diseases such as diabetes and various forms of juvenile arthritis. For example, the prevalence of type 1 diabetes in youth (age 19 or younger) increased by 21% from 2001 to 2009, according to the CDC's SEARCH for Diabetes in Youth study. The increased prevalence of type 2 diabetes in 10- to 19-year-olds over the same time frame. A study in the U.K. found that the incidence of type 1 in both children and adults from 2001 to 2015 found that incidence increased by 1.9% per year in youth (0-19 years) while actually falling by 1.3% in adults; the incidence rate was highest in those aged 10 to 14 years old. The authors concluded that "the increase in incidence rates in youth, but not adults, suggests that the precipitating factors of youth-onset disease may differ from those of adult-onset disease." Research also suggests that autism increases the risk of cardiovascular and other complications. In addition, diabetes often co-occurs with other autoimmune conditions, including celiac disease, Crohn's disease, thyroid and adrenal disorders, rheumatoid arthritis, systemic lupus erythematosus (SLE) and the neuromuscular disease myasthenia gravis.

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## Prevention of Asthma: Where Are We in the 21st Century?

Researchers have posited that the growing prevalence of asthma may be an indicator of increasing susceptibility to risk for the development of other chronic non-communicable autoimmune diseases.

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## Sudden Infant Death Syndrome and Escalating Mortality

Sudden infant death syndrome (SIDS) is the leading cause of post-neonatal infant mortality in the U.S. By definition, SIDS describes death that occurs in a "seemingly normal, healthy infant under one year of age" that is both unexplained and unexpected. Research shows there is mounting evidence that SIDS may be "medically induced" through vaccination. One study in the U.K. found that SIDS deaths revealed to the "complicated" and "convoluted" process involved in registering death for public purposes, finding gross inaccuracies and underreporting due to the inadequacies of death certificates as a source of complete information.

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## The Autism Blame Game: This Time, It's the Womb

In the 1950s, when autism was not yet a widespread problem, a few child psychiatrists and psychologists propagated the "refrigerator-mother hypothesis." According to this theory, autism—rare at the time—was the result of emotionally distant mothering. As the condition began to affect more children in the 1960s and 1970s, began attaining epidemic proportions (with about 1 in 36 children diagnosed with ASD as of 2016) versus perhaps 1 in 10,000 in the early 1980s), researchers eventually rounded the refrigerator mother theory and its adherents and turned their attention to other theories—but still often remained focused on maternal risk factors.

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## The Polio and "Non-Polio" Shell Game in Africa and the U.S. — 2020 Update

The WHO officially acknowledged vaccine-derived polio cases, but what about the tens of thousands of cases of acute flaccid paralysis (AFP) that are clinically identical to clinical picture virtually identical to polio?

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## US autism rates up to 1 in 59



## US autism rates up to 1 in 59 percent new CDC report

A new U.S. CDC report that finds the prevalence of autism spectrum disorder (ASD) has increased 10 percent from the most recent report two years ago. This is the highest prevalence since the CDC began tracking ASD in 2000.

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## Vaccinated vs. Unvaccinated—Part 6

Part six in our series of studies comparing health outcomes among vaccinated vs unvaccinated populations shows, among other things, that vaccines are the leading cause of death and SIDS and are plagued by chronic illnesses such as asthma and multiple sclerosis.

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## Vaccine Officials are Ensuring Compliance While Ignoring Contraindications

With SB 276's recent passage, California's governor, legislators and public health community have signaled their intents to proceed with a full-force assault on medically exempt children. SB 276 will severely limit parents' ability to operate on vaccine medical exemptions by placing government bureaucrats rather than doctors in charge of the decision and only allowing a small number of "acceptable" medical exemptions to include "the potential adverse reactions the vaccine manufacturers themselves disclose in package inserts under federal law."

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## Weighing Down Childhood: Are Vaccines and Glyphosate Contributing to Childhood Obesity?

The surge in childhood obesity began in earnest in the late 1980s. Given the growing evidence that environmental chemicals are key obesity drivers, the timing of the obesity surge and exposures may have increased over the same time period. Vaccines and glyphosate are two culprits that readily come to mind—and published evidence supports a link.

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## What California Data Tell Us About Autism Prevalence—and Prevention

A new analysis of California DDS data suggests that among the most privileged white (and, to some extent, Asian) children, autism rates track with wealth, resources, education and access to information—some are succeeding in lowering their children's risk for severe autism.

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Children's Health Defense™ is a 501(c)3 non-profit organization. Its Mission is to end the epidemic of children's chronic health conditions by identifying and eliminating the toxins and those responsible accountable, and to establish safeguards so this never happens again.

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